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# Befriending Opportunities

Even the simplest act can brighten someone's day and bring your community together. Every year thousands of local heroes take part in **The National Day of Volunteering** and achieve outstanding results.

## Read on to see what others have done!

- The planning committee at a Dublin secondary school organized and hosted a "Senior Prom" dance for residents of a local care home.
- A Dun Laoghaire soup kitchen received extra helping-hands on last year's National Day of Volunteering to assist with serving free meals.
- Two Dublin based companies involved in science and technology invited local school children on site to learn about what they did, see science in action and to have a free lunch in their canteen.
- Transition year students from County Meath teamed up with an active retirement group and recorded an oral history of life in the county and preserved old photographs.
- Volunteers from Monaghan Integrated Development hosted a coffee morning for patients at St. Mary's hospital.

### CASE STUDY:

Thanks, Volunteers!

### INITIATED BY:

South Tipperary Volunteer Centre

### WHERE DID IT TAKE PLACE:

At the South Tipperary Volunteer Centre

### WHAT TOOK PLACE:

More than 200 fairy buns were purchased by the staff at the South Tipperary Volunteer Centre in order to thank their registered and active volunteers. A local baker volunteered his time, and the icing, to apply the National Day of Volunteering logo to the buns. They were given away with complementary coffee as a 'thank you' for volunteering their time.

### OUTCOMES:

The volunteers felt appreciated and left full of fairy buns.



The National Day of Volunteering brought to you by:

